



Central and West Integration Network

Annual Report and Accounts

2021-2022

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Charity contact information

Central and West Integration Network SCIO

Scottish Charity Number: SC047341

Registered Office

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MANAGEMENT COMMITTEE

Peter Taylor	Chairman
Heidi McLean	Vice Chair
Ramzan Shah	Treasurer
Darinka Asenova	
Chirsty Hamilton	
Cath McGee	
Priscille Mulhearn	

REPORT OF THE MANAGEMENT COMMITTEE

Chair's Report

At the start of 2021/22 our activities were still affected by the Covid-19 pandemic. But during the year we not only got back to a full range of face-to-face activities but developed an amazing range of new ways of involving, consulting and helping people. Full details are given in this report.

Much of our work continued to be with asylum seeking and refugee communities. Existing members had often been hard hit by the restrictions imposed by the pandemic, and new members continued to arrive in Glasgow and were often housed in unsatisfactory situations such as hotels. We have reached out to them and found a multitude of ways to meet pressing needs and offer friendship and social connections. We are now offering a wider range of activities and support than ever, both to refugee and wider communities, often closely based on understanding and meeting the needs of each individual.

We are particularly pleased to have been able to move away from delivering prepacked food parcels, or providing them at the food bank, as a result of the successful opening of the Garnethill Multicultural Food Hub with an established base in the Garnethill Multicultural Community Centre, our partners. People now have more ability to choose food that meets their needs, including a range of fresh and 'cultural' foods, and needs in the local community can also be met, in such hard economic times.

Thanks are due to all our funders, especially to Glasgow City Council, without whose core financial support we would not exist, and to the Scottish Government; and to the wide range of partners who make our activities possible, and who are acknowledged in this report. Thanks especially to our hosts at Garnethill Multicultural Community Centre.

Thanks must go to our brilliant team of staff, sessional workers, and volunteers and to our Management Committee members. More people interested in helping us on that committee would always be welcome.

Signed: —



Peter Taylor

Chair

September 2022

Trustees Report

Our Mission Statement

We aim to build a network that brings people together, including formal and informal community groups, agencies and individuals, to seek to ensure that all refugees, asylum seekers, migrant workers and BME communities in Central and West Glasgow have full and equal access to resources which assist in alleviating poverty, improving their standard of living and promoting their settlement and integration within the wider community. We shall do so especially by building the strengths of groups within and across communities, and whenever possible by bringing together people from different communities, including the majority community, for common action and activities.

Our Values

In pursuing this mission, we are driven by these values:

- Empowering individuals and groups to influence issues that affect them and their communities
- Supporting people to take part in decision making and to make their own choices in life
- Strengthening race equality and combating racial hatred
- Celebrating cultural difference and those things that people have in common
- Tackling discrimination in all its forms, including that based on age or disability
- Actively seeking to cooperate with others in order to secure the best possible outcomes for our communities.

Our Objectives

- Build a network that brings together people and groups from migrant and longer established communities
- Build the capacity of groups representing or involving migrant communities
- Promote integration in order to address practical issues facing migrant communities
- Work with services to remove barriers to access to services
- Provide opportunities for mutual exchanges between communities

Structure, governance and management

Central and West Integration Network SCIO was recognised as a Scottish Charitable Incorporated Organisation in April 2017.

Trustee recruitment and appointment

The Trustees (Executive Committee members) are appointed at Annual General Meetings of the organisation.

Our Activities

During this year, most of our activities have returned to operating normally, coming out of the shadows of the Covid pandemic.

Our Community Food Project

Food delivery/Food pick ups: At the start of the year, staff continued to work with volunteers to prepare and deliver food parcels to people's homes. During the course of the year, as the lockdown was easing, we encouraged people to pick up their food parcel in person from our base in Garnethill Multicultural Centre. The first CWIN food bank of January 2022 saw about 100 people receive boxes of food either by coming to GMC in person and collecting them, and there were 26 home deliveries by our team of five volunteer drivers. Overall the food parcel service for this quarter involved a total of 22 volunteers with volunteers involved in collecting, sorting and packing donations as well as delivering them. This period saw the CWIN emergency food parcel service transition more into a "pantry-style" community food hub that people could join for a minimal weekly fee and select which food that they wanted. The Garnethill Multicultural Community Food Hub (GMCFH) opened on Friday 18th February and we continued to run the food parcel service until that point.

Food Hub/Pantry: The opening of the community food hub in February was quite successful considering concerns that asking for a weekly membership fee may put some people off. However 44 people attended on the first day and a total of 420 kg of food was given out with on average each person taking just under 10kg each. Membership fees were set depending the level of support people received, with asylum seekers receiving support from the Home Office being asked to make a contribution of £1.50 a week, people on Universal Credit £2.50 and anyone in employment being asked to give £5.00 as a "Solidarity"/"Pay-it-on" fee. For that fee people could take 15 items if there were 1 or 2 people in their household and 20 items for more people. Some items were counted as more than one item (such as large cakes or the popular yams.) A large bag of vegetables including onions, carrots, potatoes and greens was counted as one item. People were also allowed to take multiple items that we had a glut of.

One unique point about the GMCFH is that we make a point of buying traditional food that asylum seekers may miss from their countries of origin. These we buy in bulk from wholesalers. So far we have had bags of mealie maize, green plantain, white sweet potatoes, okra (ladies finger) and yam. We also operated a "Free" table, mainly of bread and other baked items that were past their "best before" date and marked with yellow reduced price labels. Despite previous criticism that people didn't want these items the "Free" table has proved very popular and as a result we've seen the amount of bread waste drop significantly. Since opening the food hub we have been open two days a week on Thursdays and Friday afternoons, as our food collection schedule allowed us to have plenty of food available for both days.

Since we opened the food hub 79 new households joined the project. But there has been a clear drop in the number of people to whom we are distribute food compared to the previous

service. However the new people tend to be from more local post codes, suggesting we are giving greater support to local people and that more people from the non-migrant community are using the hub, meaning it also plays a greater integration role than the previous service.

One spin off from the food hub is that thanks to the help of the Glasgow Community Food Network we have started a food waste composting programme. Leftover food from the food hub goes into a new rapid compost bin located at the rear of the multicultural centre.

Community Meal: The community meal provides a space for people to socialise informally and build networks. Alongside the food, people can play table football and table tennis, which allows people to be active together without the language barriers. In October we recruited a chef team that consisted initially of one sessional worker and one volunteer. This team very resourcefully caters for the community meal using almost exclusively ingredients donated to our foodbank, which are supply chain surplus. This project addresses food insecurity and loneliness by offering a welcoming space with a hot meal.

Within two weeks a guest of the meal was recruited to join the team as a volunteer chef and in the third week she was given control of the menu. Working with an empowerment ethos, the sessional worker propelled this volunteer into a leadership role, thus addressing the lack of opportunities to contribute their skills that our community members face. Conceptually the chef team over-caters and allows for flexibility towards the transiency of our community. Surplus is sent back to the foodbank as takeaway food, creating a circular flow within the organisation and planting the practical seed for cooked meals as a product for our community food hub.

Due to the Covid restrictions the community meal served takeaway food in the first two weeks of January. After restrictions eased the meal re-opened on January 24th and now runs on a weekly basis. We have been serving a vegetarian hot meal as well as cakes and teas to an average of 50 people each week. The chef team consists of a sessional chef and two volunteers one of whom is a community member who came to us through the foodbank. The volunteer **service team** serves the food and leads the clean up after the meal. There have been more than 10 volunteers involved in the reporting period. The volunteers have an opportunity to practice speaking English in an informal and applied setting, improving mental health by entering a different setting and meeting new people, gaining leadership skills. As well as running a smooth and efficient service, this team has been taking time to talk and play indoor sports games with community members, creating a welcoming environment.

With the further easing of the restrictions we have been more confident to host bigger groups and have lined up a series of events and speakers for the next months.

Visit to the community meal by Paul Sweeney (Member of the Scottish Parliament)

25/02/2022: We ran a focus group to respond to the Scottish Government's consultation on ending the need for foodbanks. One of the asks for the Scottish Government that the focus group brought forward was to extend the concessionary travel scheme to include asylum seekers. In support of this area of interest we invited Paul Sweeney to talk about his campaign for free bus travel for asylum seekers. Two of our community members interpreted into Arabic and Kurdish Sorani. The discussion after Paul's presentation was marked by mutual learning. Paul's team has since kept in touch and successfully taken on casework for our community members.

Our ESOL and Refugee Integration Work

At the beginning of this financial year, we were doing integration work over the phone and face to face through the weekly drop in. We provided digital one to one sessions with our volunteer to asylum seekers who were moved out of hotels to more permanent accommodation within the community. Many people struggle with devices and internet connection at this time, which hampered their access to English classes.

As the restrictions were eased, we resumed our Tuesday ESOL provision with socials, in partnership with Mears. We also organised ESOL classes 5 days a week for asylum seekers who are accommodated in an hotel. The online ESOL classes which have been running since the second lockdown continued. In June, we started intensive summer ESOL classes in partnership 3 days a week with Glasgow Clyde College. The learners registered for this class had guaranteed places in Glasgow Clyde College Anniesland Campus ESOL course in September 2021.

Our Integration Work with Asylum Seekers We received a lot of self-referrals from asylum seekers, mainly from people who were placed in hotels in Glasgow. Areas of help included issuing people with Mobile phones, Chromebooks, phone top-ups, Tesco vouchers, Digital training, ESOL registration, referrals to the food project, and opportunities for Volunteer work with CWIN. We also supported some people with health issues. We helped people to access help from GP, dentist, gynaecologist, and psychologist. We also continued to work with them once they are moved from the hotels to live in the community.

We began to run a walking group, taking asylum seekers from hotels where they were accommodated for a one-hour health walk led by volunteers, using different routes each week. We organised a taster cycling programme with Bike for Good and Police Scotland. We also started one to one integration work with hotel residents in June 2021.

- We reached 186 people through the ESOL classes in different centres including Garnethill Multicultural Centre, Hallmark Hotel, Elderpark, Pollokshields Burgh Hall and Clyde House.
- 295 people accessed our integration work at Garnethill Multicultural Centre and outreach work in Hallmark Hotel.
- We provided 143 people with mobile phones, data, computers, Chromebooks and MiFis.
- We organised a Princes Trust talk for 25 young people to help with interview skills and CV development.
- We provided Tesco vouchers to 194 individuals and families.
- Other support provided include 41 clothing referrals to No1 Baby Bank and Maslows, school meals and uniform grant accounts for 10 people, maternity grants for 2 people, PIP applications for 2 people, 20 National Entitlement Card applications, and 15 My gov accounts

Our Community Development Work

Access Team: In response to needs voiced by participants of the ESOL classes we set up a volunteer team (Access Team) to flexibly support the integration work of the development worker as well as run projects to help people digitally access opportunities. The first project of the Access Team was a collaboration with the charity Bike for Good, helping people to access their 'Bikes for All' scheme. It allows people on a low income to use Glasgow's Next Bike scheme for free. We offered sign ups to this scheme immediately after class on Tuesday and Friday. We gained an understanding of barriers that our community members faced when signing up. We developed a set of visual materials that helped people understand the hire conditions and how to avoid the most common mistakes, recruited volunteers who are able to interpret two community languages, and we continue to be present on a drop in basis for troubleshooting and help using the app after the sign up.

A core team of 7 volunteers signed up 63 people, in the majority asylum seekers, between September and December, many of whom are now using the bike scheme very successfully. This frees up money they would otherwise use on bus tickets and thus helps to reduce food insecurity. Additionally it promotes sustainable travel and contributes to Scotland's Net Zero ambition. One of the volunteers who is now interpreting came through our door as a user of the foodbank. An asylum seeker himself, he has been contributing to the running of the service and was able to gain an excellent reference allowing him to move onto a more high-profile volunteering position in another organisation. This shows how we have been using our services for skills development of individuals to help them improve their chances in life.

The bike project work opens the door to the spontaneous and person-centred individual help that this team is able to deliver. Often people who come to the sign ups present other life issues to do with digital access or language barriers. The team works like a 'friend with a computer' picking up these issues, quickly and informally resolving where they feel confident or signposting to other organisations. Examples of the issues the team has helped with include: responding to a letter from a housing association, applying to a faith based hardship fund, arranging doctor's appointments, school enrolment, accessing mental health services.

Alongside the help that the individuals receive, this work provides a challenge for the volunteers to problem solve and educate themselves and our organisation on services and solutions for our community members. In the long run it will open employment opportunities to them. One of the volunteers who is excelling in this role currently works in a supermarket.

Our Community Outreach Work

We have continued our weekly Zoom socials online. They were devoted to the 'We Gather by the Light of the Flickering Screen'. This was a sock puppet theatre and film-making project. Over the course of several weeks, we sent out 20 craft packs to families' homes with materials to create sock puppets, stage props, and stages. We held theatre workshops with actor Marie Hamilton who showed the group how to develop characters, storylines, and how to animate the puppets. Marie wrote a script for the final film and we recorded various scenes over the course of our zoom meetings. We put our footage together into a 15-minute short film¹ and premiered it for Refugee week. It really encapsulated the creative togetherness that we cultivated in the Zoom socials over the course of lockdown.

¹ Available for viewing at <https://www.youtube.com/watch?v=vQmxAMvAuiU&t=769s>

As the lockdown was lifting, we re-evaluated the needs of the group. There were two main needs that we had been balancing: adults' need for conversation and connection, and activities for children. We also had a lot of feedback that people were eager to start meeting in person. We merged the group with the creative writing group and made a transition from writing to spoken conversation. We thus held an adult conversation group over zoom every other Thursday. On the alternate weeks, we organised family friendly picnics or craft sessions. We decided to hold picnics in various parks around Glasgow to accommodate families living in different locations and so that families could meet others near them. Splitting up the attendees by location also allowed us to keep the gatherings small enough to comply with lock-down guidelines on outside gatherings. We held a picnic in Alexandra Park for families in the East end, one in Queens Park for families on the south side and one in the Botanic Gardens. These picnics were incredibly popular with enthusiastic feedback about how meaningful it was to meet in person again. We provided food at the picnics.

Support has included:

- making referrals to Refuweege for clothes deliveries
- signposting to Maslows community shop for household goods
- advice about signing-up for college classes
- signposting to Breathing Space for mental health support
- referrals to Bike for Good for Next Bike sign-ups
- signposting to Govan Community Project for advice about the asylum process
- signposting to Money Matters for financial advice.
- providing emotional support to a service user who was experiencing abuse and referring them to Asylum Seeker Housing Project for help to move accommodation
- coordinating with Docs not Cops and SSVP to secure funding for one of our service users to buy specialized glasses which were not covered by the NHS

Digital Device Distribution Following a successful application to Connecting Scotland, CWIN received 28 devices (14 chrome books and 14 iPads) plus 28 MIFI devices for wifi. We went through an extensive process of contacting families to ask if they were without any internet connection and/or devices, and determine which type of device would be most useful for each family based on ages and number of children, and whether the parents were studying or involved in other projects. We identified 36 families who received devices. We made trips to each family's home to deliver the device and provide technical information. We uploaded the information for each family to the Connecting Scotland database and have continued to provide technical support for families who have questions about their devices.

Our other projects

A Thread is a Journey We partnered with Glasgow School of Art on a 10-week creative project from April to June 2021 with aim of supporting refugees and asylum seekers to explore and learn skills in textiles, fabric and patterns, as well as making new connections during the pandemic. The project was titled "A Thread is a Journey". The group was made up of more than 15 people coming from over 10 countries including Nigeria, Ethiopia, Sri Lanka, El Salvador, Zimbabwe, Libya and Pakistan. Working with designer and weaver Christopher McEvoy, the group learnt skills in creating different textiles, colours, drawing,

printing, weaving and embroidery. Inspired by each other's cultures, they developed their own fabric designs through the process, created a group banner and developed a Central and West Integration Network tartan, which has since been registered with The Scottish Register of Tartans. Due to Covid restrictions all the sessions were held remotely over Zoom. Each week focused on a different textile skill. Materials were delivered or collected by participants. It was great to see how well the group did learning virtually and the new connections that were made through the 10 weeks. A booklet was designed which showcases the fantastic artwork created by the group. CWIN printed two different fabrics using the designs from the sessions.

Paths for all CWIN was successful in a funding application to Paths for All. The project involves doing a baseline survey of people accessing the service, providing travel expenses, organising health walks, and mapping of local amenities in 10 different localities around Glasgow where asylum seekers reside.

The travel survey² was conducted in the week beginning December 6th 2021 with 25 community members. It evaluated transport behaviour and confidence among our community members. The majority walk or take the bus. Most people are either confident/very confident travelling in Glasgow and coming to the centre. There are very high levels of confidence walking, a more even spread of confidence in bus travel and very low confidence in taking the train, the subway and cycling. The survey also shows that a very high number of participants do not know their neighbourhood well at all. This is a clear mandate for the usefulness of our community mapping project.

Our health walks concept, the 'Walks for Purpose', take people to places of learning, general interest or resources that will help with life priorities. This way the health and mental health benefit of walking is combined with enhancing the quality of life as participants expand their knowledge of our city. We had the following walks:

- 01/02/22: Mitchell Library – 10 participants. This walk included a tour of the Mitchell Library. Participants learned about free computer access, quiet study spaces and borrowing procedures. They were signed up for library memberships and the tour guide demonstrated book searches and self check-out.
- During the extended closing of the community meal the Access Team and our placement student offered a series of gallery and museum visits: 21/01/22 Gallery of Modern Art – 12 participants, 28/01/22 Kelvingrove Museum – 3 participants, 04/02/22 The Hunterian Museum / University of Glasgow – 6 participants, 11/02/22 Riverside Museum – 11 participants, 18/2: CCA, 103 Trongate, Streetlevel Photoworks and Project Ability – 5 participants.

We continued to provide bus and train travel passes for our community members who attended ESOL classes and other, activities through this funding.

Community Wins/Clothes Project This project focussed on raising community leaders, sharing knowledge, and working towards or achieving victories (small and large) for our community with regards to their life priorities. It was supported by three volunteers whose task it is to be sensitive to and foster informal learning and community leadership. In response to a request by a destitute community member for clothes a small pool of

² Link to the responses: <https://forms.gle/3FCpu1ntDS0XszB37>.

knowledge was gathered from other community members about charity shops that give out free or cheap clothes for refugees and asylum seekers. We negotiated a temporary discount with an additional shop and made this knowledge available to our community members. 15 community members were given bus fares in the month of March to visit the clothes shops that the Community Wins project found out about. The Access Team and the Integration Service supported the participants to find the shops on a map, devise a route from their home that would involve several bus changes.

Women in Farming The activities of this project included:

- Introduction to ecological farming and discussion on farming memories and getting to each other and ideas and tips learnt from their own countries.
- Visits to the Wash House Garden and Gartur Stitch Farm, workshops on beekeeping, apple pressing, and backyard hen keeping.
- COP 26 workshops and talks from various groups.
- Food Sovereignty presentations and talks on this issue delivered by Dee Woods.
- Cooking sessions which enabled the women to gain catering skills, to use these skills to organise foods for events and to learn from each other. The group also learnt how to make soap and African soap, herbal remedies and wild plants usage for teas and other medicinal values.

The group returned in March 2022 for a second 12 week session and started the new programme with lots of site visits including one to CWIN's allotment at Lambhill on 16th March. Other topics included: seed saving, land access, growing exotic vegetables in the UK, food businesses such as eggs, goats milk, ice cream. They also completed a Food Hygiene certificate with Glasgow Clyde College.

Winter Wellbeing Outdoor Project We were successful in a funding application to Impact Funding Partners to organise a series of outdoor activities for asylum seekers and refugees. These involved working with freelance art and outdoor specialist instructors. Between January and March 2022 we had 4 sessions of outdoor activities, at the Falls of Clyde, Tarbet, Mugdock Country Park and Conic Hill in Balmaha. The outdoor sessions included arts, walking, photography and hiking. 20 participants who were mostly asylum seekers attended the programmes³.

Our Volunteer Development

We have been delivering training activities to our volunteers:

- Introduction to the asylum system, delivered by Development Manager Florence Dioka. This was also open to staff of the Food and Climate Action Project.
- Safeguarding and Manual Handling, provided by Civicos Training
- Glasgow Clyde College also provided First Aid training for staff and volunteers.

In addition, we have been holding regular team meetings and providing one to one support to volunteers. The support has included references, signposting internal and external volunteering and job opportunities, help with general administration such as the census form, applications and countersigning ID photographs.

³ Video of the project <https://youtu.be/t6tSWQ7RcL4>

As an end of year celebration of the volunteers' work, we gathered them for an informal event with snacks, a quiz and certificates. This event was attended by 19 volunteers.

Our Youth Holiday Activities and Summer in the Park

In Garnethill. activities ran for 3-4 days per week for 6 weeks over the summer

- Football 3 sessions
- Cricket 1 session
- Art 1 session
- Photography 1 session
- Gardening 1 session
- Kayaking 1 sessions for 4 weeks

In Festival Park, for 6 weeks

- A variety of games and sports including dodgeball, basketball, rounders, frisbee, badminton, table tennis, hockey and tennis 1x2 hour sessions

In Springburn Park, for 6 weeks

- Games, cricket, arts and crafts and food for asylum seekers children and families.

We worked with partners to carry out the activities including St Aloysius College who provided a venue, Glasgow School of Art, Cricket Scotland, Partick Thistle Football Club, Glasgow Community Food Network, who all provided workshop facilitators/coaches for activities, Mears Group and Migrant Help.

We provided supermarket vouchers to more than 50 children. Lunch was provided by Glasgow Community Food Network 3 times a week at Springburn and Festival Park Sessions and once at Garnethill sessions. We also provided drinks at Garnethill sessions.

During the October school midterm holiday, we worked on art and poster making in partnership with Glasgow School of Art. In the February midterm school holidays, we had art sessions in Garnethill Multicultural Centre and at CCA, in partnership with GSA.

Our Work with Partners

Bike for Good New Scots Project Alongside our partnership work with Bike for Good's Bike for All worker, we have also worked with their New Scots Project. We continue to work with Bike for Good to process the sign ups to their Bikes for All scheme. We have also been developing a collaboration with the co-ordinator of the New Scots Project to deliver a version of the 'Walks for Purpose' on bikes. We have been signposting to and advertising their led rides and helped them recruit volunteers for their 'Fix your own bike' sessions.

Inspiring Scotland As a result of the first lockdown Inspiring Scotland set up a scheme that enabled an ad hoc volunteering opportunities for highly skilled workers on the furlough scheme. We established a link with this organisation that generated opportunities for staff training to improve our graphics and visual communication.

Dignity We are a member of the Dignity Peer Network and Dignity Advisory team. In this role we have been attending their meetings, giving feedback on their series of learning events and contributing to the group's response to the Scottish Government's consultation on ending the need for foodbanks. Our Development Worker was a panellist at the Dignity in Practice Learning Event: Progressing the Right to Food in Scotland. She spoke on the leverage that expanding the concessionary bus travel scheme would give the Scottish Government to influence food insecurity.

Glasgow Community Food Network We have continued hosting one of their Community Activators. We attended the Food and Climate Action Project meetings as well as supporting the Community Activator in her work. We worked with her to run the Women in Farming project and to recruit a sessional worker for the allotment.

Vodafone Charities Connect In order to help address digital exclusion in our community we secured the support from Vodafone Charities Connect who supplied us with 150 SIM cards with a monthly allowance of 20GB. They will help our community members participate in online activities and access opportunities such as the Bikes for All scheme that requires access to an App.

Student placement supervision We hosted two student placements from the International Masters in Adult Education for Social Change at the University of Glasgow. Both students decided to work with the ESOL classes and the community meal. Other areas they focussed on were growing our WhatsApp channel, and three trips with a total of 21 attendees to Maslow's community shop in Govan to introduce them to the resource and give them a chance to get warm clothing.

A third placement was a Masters student in Adult Education, Community Development and Youth Work from the University of Glasgow. This student planned a body of work starting January 2022 involving a community-generated map of the 10 most common areas where asylum seekers are housed, and an art group.

Other partners we worked with on different projects included: Mears, Migrant Help, Red Cross, Possil Park Health Centre, Springburn Health Centre, City Mission, University of Edinburgh, Princes Trust, Anchor, GCVS, SCVO – Connecting Scotland

Staff Team Building

A staff Team Building day was on 14 August 2021 at Gartur Stitch Farm. Activities included a tour of the farm, milking goats, and workshops. The themes that came out of the workshops were

- involving local people more
- clearer signposting to information
- working together with service users to design services
- working collaboratively as a team to set goals
- networking to leverage in more resources e.g., funding, premises
- helping people to stand on their own two feet.

Our City- and Nation-wide Involvement

CWIN staff continued to attend Glasgow City wide forums. Staff and volunteers were able to take part in forums and meetings across the city which included the Glasgow Integration Forum, Glasgow Asylum Destitution Action Network, Northwest Violence Against Women Implementation Group, Nourish Scotland's Dignity in Practice Network, Glasgow Food Network, etc. We were able to contribute to other work across the city as well as consolidate our work with the migrant communities.

Case Studies

S used to frequent our foodbank. We got to know her more closely during lockdown because she liked to ask us for lemons and tell us about the traditional pickles she would make with them. When the community meal was re-established in October 2021 she became a volunteer in one of the first weeks. Due to the supportive attitude of the head chef, she was soon leading the cooking some weeks as it turned out that she has the skill set for this. Rather than having a hierarchy in the kitchen, the chef and the two volunteers are constantly teaching and learning each other's recipes. Our kitchen has become a place where she can contribute her knowledge and teach her traditional dishes to the chef and the other volunteer who are both younger than her. It has also become a place of emotional support when S's mother was recently hospitalised. She said it helped her to come here and take her mind off her worries.

D came along to our first 'Walk for Purpose' and surprised us by translating the information we were gathering into Arabic, Turkish and French for the other participants. Though she herself was extremely grateful for the discoveries we made on that walk, in fact her presence enhanced the event significantly for the other participants. As well as learning much more about the resources we visited, one participant for example was able to tell us through her about his mental health difficulties and the Access Team was then able to help him make a medical appointment to get help. D has since interpreted for us on the library visit and more recently joined the Access Team. When she interpreted for Paul Sweeney, her passion for social change was so palpable, one of our colleagues commented: 'You spoke like a politician – more than the MSP!'

Our Funders

CWIN is grateful for the funding received from

- Glasgow City Council who funded our core activities and school holiday programme
- Scottish Government who funded the Food and Community Development Work
- Corra Foundation who funded our Integration Work
- Paths for All who funded our active travel work
- Solace Labyrinth who funded Women in Farming Project
- Impact Funding Partners who funded our Winter Wellbeing Outdoor Project

Our Staff

Florence Dioka	Development Manager
Rejina Thattarakad	Administrator up to October 2021
Giulia Lunardi	Administrator from November 2021
Vivien Opiolka	Development Worker
Phill Jones	Development Worker
Antoinette Premkumar	Outreach Worker
Firdaus Ahmed	Development Worker

Our Sessional Workers

Iffat Bhatti	Holiday Programme
Geetha De Silva	Chef
Hanna Florence-Livoti	Outreach/Communication/Allotment
Shannon Boyd	Holiday Programme
Mishael Ochieze	Holiday Programme
Michael Dioka	Holiday Programme
Favor Ochieze	Holiday Programme
Felicity White	Outreach/Summer activities
John McCay	Creative Writing Workshops

Financial Review

Statement of the charity's policy on reserves

Central and West Integration Network is currently dependent on grant funding to sustain its activities, as earned income alone would not allow Central and West Integration Network to continue operating.

This means that if there were to be a gap in grant funding it is likely that Central and West Integration Network would have to close down.

To avoid closure if funding difficulties were to happen Central and West Integration Network Executive Committee has agreed to keep a certain level of financial reserves to ensure that

- Main operations can continue for a period of 3 months.
- Redundancy payments are made

The main concerns of the Executive Committee are to ensure:

- that staff can continue working, primarily to secure new funding
- that members/service users are supported to move on to other services

Currently funding has been secured at different levels up until September 2023, but if difficulties were to arise then, it has been calculated that reserves of £5147 would be needed to continue running for at least 3 months and redundancy payment of £16160.37. The calculations are included as an appendix to this policy.

The reserves should be built up from the unrestricted (earned) income. The level of reserves should be calculated and monitored every 12 months by the Development Manager who will report back to the Executive Committee.

This policy should be reviewed yearly and whenever there are significant changes in staff hours, numbers or accrued years of service.

Declaration

Signed on behalf of the charity trustees:



Print name Peter Taylor

Designation Chair

Date 11/11/2022

Report of the Independent Examiner to the Management Committee

I report on the financial statements of the charity for the year ended 31 March 2021 on pages 15 - 20 which have been prepared under the historical cost convention and the accounting policies for charities.

Respective responsibilities of the Management Committee and the Independent Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.


Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
 have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed:		Date:	26 November 2022
Name:	Abiodun Ilesanmi, <i>BAcc, BA(Hons), MBA</i>		
Relevant professional qualification (s) or body (if any):	AAT, ACPA, ACCA		
Address:	272 Bath Street, Glasgow, G2 4JR		

Receipts and payments accounts


CC16a

For the period from Period start date To Period end date
 from 01/04/2021 31/03/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grant	-	174,066	-	167,429	167,812
Donation	5,725	-	-	12,362	2,769
GVC Bal	-	-	-	-	4,244
Employer NI Rebate	4,000	-	-	4,000	4,000
Sub total	9,725	174,066	-	183,791	178,824
A2 Asset and investment sales, etc.					
	-	-	-	-	-
Total receipts	9,725	174,066.00	-	183,791	178,824
A3 Payments					
Salaries	-	79,584	-	79,584	62,400
Volunteer expenses	-	-	-	-	-
Rent	-	21,051	-	21,051	9,744
Training	-	7	-	7	-
Stationery	-	1,140	-	1,140	483
Travel Expenses	-	5,826	-	5,826	793
Trading expenses	-	-	-	-	-
Postages	-	90	-	90	-
Computer/Mobile Phone	-	-	-	-	-
Food & Beverages	-	-	-	-	-
Bank charges	-	561	-	561	735
Board Expenses	-	3	-	3	-
Cleaning supplies	-	-	-	-	-
Professional fees	-	22,443	-	22,443	450
Child Care Expenses	-	270	-	270	390
RST Grant expenses	-	69	-	69	1,150
Project /Other Office expenses	-	-	-	-	-
Capital expenditure -purchase of fixed assets	-	94	-	94	-
Event expenses	-	55,059	-	55,059	66,431
Cash4kids	-	-	-	-	-
Insurance	-	4,690	-	4,690	75
Donations	-	-	-	-	70
Sub total	-	190,888	-	190,888	142,651
A4 Asset and investment purchases, etc.					
	-	1,158	-	1,158	160
Total payments	-	192,046	-	192,046	142,811
Net of receipts/(payments)	9,725	- 17,980	-	- 8,255	38,014
A5 Transfers between funds					
	-	-	-	-	-
A6 Cash funds last year end					
	11,013	49,862	-	60,875	-
Cash funds this year end	20,738	31,882	-	52,620	38,014

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Deficit/surplus	9,725	17,980	-
	Cash fund last year end	11,013	49,862	-
	Cash at hand	-	-	-
	Transfer to unrestricted fund	-	-	-
	Total cash funds	20,738	31,862	-
(agree balances with receipts and payments account(s))		OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Peter Taylor	11/11/2022

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Please see the analysis of funds worksheet for details.

Type of activity or project supported	Individual / institution	Number of grants made	£
	SOLACE WOMEN'S AID		10,646
	GCVS		10,000
	GLASGOW CITY COUNCIL – GCF		57,944
	GLASGOW CITY COUNCIL – AREA BUDGET		1,055
	GLASGOW CITY COUNCIL – EDUCATION		19,571
	IMPACT FUNDING PARTNERS		2,440
	NOURISH SCOTLAND		600
	REFUGEE SURVIVAL TRUST		216
	SCOTTISH GOVERNMENT		54,000
	GLASGOW SCHOOL OF ART		429
	GLASGOW COMMUNITY FOOD NETWORK GCFN		2,365
	THE CORRA FOUNDATION		14,800
	Total		174,066

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
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	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	x
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		Number of trustees	£
C4b Trustee expenses - details			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

C6 Other information	
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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
EASY FUNDRAISING	33	-			33	-
EDGAR WILSON DONATION	300	-			300	-
Deposit	100	-			100	-
Easy Fund Raising	-	-			-	35
foodbank donation	-	-			-	26
QCHA Gala Day	-	-			-	-
CAF	4,564	-			4,564	206
Janet & Jones	-	-			-	34
Givey Ltd	628	-			628	1,083
Independent Food Aid Network	100	-			100	700
Refuge Week	-	-			-	66
Stripe Payments	-	-			-	319
Hannah Florence	-	-			-	300
GVC Bal	-	-			-	4,244
Employer NI Rebate	4,000	-			4,000	4,000
Total	9,725	-	-	-	9,725	11,013

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Cash For Kids Repay	-	-	-	275
Glasgow City Council	-	78,570	78,570	66,734
SOLACE WOMEN'S AID	-	10,646	10,646	-
GCVS	-	10,000	10,000	-
Glasgow Community Food Network – GCFN	-	2,365	2,365	11,395
Nourish Scotland	-	600	600	-
Refugee Survival Trust	-	216	216	5,492
Scottish Government	-	54,000	54,000	54,000
The Women Centre	-	-	-	-
The Corra Foundation	-	14,800	14,800	11,950
Impact Funding Partners	-	2,440	2,440	2,000
Glasgow School of Art	-	429	429	-
Glasgow Food Fund	-	-	-	1,355
The Hunter Foundation	-	-	-	9,200
Voucher Overpayment	-	-	-	911
Foundation Scotland	-	-	-	4,800
Total	-	174,066	174,066	168,112

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	-	-			-	-
	-	-			-	-
	-	-			-	-
Total	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	-	192,046			192,046	142,721
Total	-	192,046	-	-	192,046	142,721

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	5,725	-	-	-	5,725	2,769
Employer NI Rebate	4,000				4,000	4,000
GVC Bal	-				-	4,244
Sub total	9,725	-	-	-	9,725	11,013
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	9,725	-	-	-	9,725	11,013
Payments						
Payments relating directly to charitable activities	-	-	-	-	-	-
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	9,725	-	-	-	9,725	11,013
Transfers to / (from) funds	-	-	-	-	-	-
Surplus / (deficit) for year	9,725	-	-	-	9,725	11,013

Nature and purpose of funds